

Advance Directive And Durable Power Of Attorney

#### **Advance Directive for Health Care**

### State of Oklahoma

The Rest of Your Life recommends that you review completed documents with an attorney, especially if there are mitigating circumstances surrounding your Advance Directive or Durable Power of Attorney.

#### **Advance Directives Electronic Forms**

The ROYL is a leader in offering electronic Advance Directive documents for digital signatures. Electronic Advance Directive Forms are secure and accessible anytime from any device that allows for Internet access.

#### Why do an Advance Directive?

Anyone 18 years of age or older should have an Advance Directive. This document allows for the care you have designated to be respected and followed through in the event you cannot speak for yourself. It allows for you to name someone to speak on your behalf, but most importantly it removes the stress, anxiety and guilt from decisions that your loved ones would otherwise have to make on your behalf.

An Advance Directive is not just for aging people. The cases of Teri Shivo and Karen Ann Quinlan serve as examples of how any adult, regardless of age, can benefit from having one. Both young adults, Shivo and Quinlan were kept alive by machines for years because they did not tell or write down what they wanted in the event of a tragic accident. The court battles that ensued took not only an emotional toll, but required government involvement because of disagreements between spouses and family members.

## **Description:**

An Advance Directive, sometimes referred to as a Living Will or an Advance Health Care Directive, allows you to make your wishes known if you are unable to speak for yourself. An Advance Directive provides you and your loved ones with peace of mind that your care is compatible with your wishes. This is truly a gift to those you love as it helps them clearly know what to do in this stressful situation.

Advance Directive requirements vary from state to state. You can download the appropriate state form here at no cost prior to completing the form online so that you have the required information prepared in advance.

## **Security:**

Your documents are processed using DocuSign, the leader in global electronic signature and document security.

When you complete your Advance Directive with The ROYL, you can download it as a PDF file to your computer's hard drive. DocuSign will email a final copy to the designees in your Advance Directive. We recommend you print a hard copy and send it via email or mail to others you want to have copies.

Contact us if you have questions in preparing the forms selected.

NOTICE: You must have the required information available prior to initiating the document (designees, contact information, wishes for care).

## **Advance Directive for Health Care**

If I am incapable of making an informed decision regarding my health care, I direct my health care providers to follow my instructions below.

## I. Living Will

If my attending physician and another physician determine that I am no longer able to make decisions regarding my medical treatment, I direct my attending physician and other health care providers, pursuant to the Oklahoma Advance Directive Act, to follow my instructions as set forth below:

(1) If I have a terminal condition, that is, an incurable and irreversible condition that even with the administration of life-sustaining treatment will, in the opinion of the attending physician and another physician, result in death within six (6) months:

(Initial only one option)			
I direct that my life not be extended by life-sustaining treatment, except that if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.			
I direct that my life not be extended by life-sustaining treatment, including artificially administered nutrition and hydration.			
I direct that I be given life-sustaining treatment and, if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.			
See my more specific instructions in paragraph (4) below. (Initial if applicable)			
(2) If I am persistently unconscious, that is, I have an irreversible condition, as determined by the attending physician and another physician, in which thought and awareness of self and environment are absent:			
(Initial only one option)			
I direct that my life not be extended by life-sustaining treatment, except that if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.			
I direct that my life not be extended by life-sustaining treatment, including artificially administered nutrition and hydration.			
I direct that I be given life-sustaining treatment and, if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.			
See my more specific instructions in paragraph (4) below. (Initial if applicable)			

which results in severe	ge condition, that is, a condition caused by injury, disease, or illness, and permanent deterioration indicated by incompetency and complete r which treatment of the irreversible condition would be medically
(Initial only one option	
	I direct that my life not be extended by life-sustaining treatment, accept that if I am unable to take food and water by mouth, I wish to eceive artificially administered nutrition and hydration.
in	I direct that my life not be extended by life-sustaining treatment, cluding artificially administered nutrition and hydration.
	I direct that I be given life-sustaining treatment and, if I am unable take food and water by mouth, I wish to receive artificially administered utrition and hydration.
See my more	e specific instructions in paragraph (4) below. (Initial if applicable)
(4) OTHER. Here you r	nay:
	tions in which you would want life-sustaining treatment or artificially nd hydration provided, withheld, or withdrawn,
artificially administered	structions about your wishes concerning life-sustaining treatment or nutrition and hydration if you have a terminal condition, are persistently n end-stage condition, or
(c) do both of these:	
(Initial)	

# II. My Appointment of My Health Care Proxy

If my attending physician and another physician determine that I am no longer able to make decisions regarding my medical treatment, I direct my attending physician and other health care providers pursuant to the Oklahoma Advance Directive Act to follow the instructions of, whom I appoint as my health care proxy. If my health care proxy
is unable or unwilling to serve, I appoint
If I fail to designate a health care proxy in this section, I am deliberately declining to designate a health care proxy.
III. Anatomical Gifts
Pursuant to the provisions of the Uniform Anatomical Gift Act, I direct that at the time of my death my entire body or designated body organs or body parts be donated for purposes of:  (Initial all that apply)  transplantation  therapy  advancement of medical science, research, or education
advancement of dental science, research, or education
Death means either irreversible cessation of circulatory and respiratory functions or irreversible cessation of all functions of the entire brain, including the brain stem. If I initial the "yes" line below, I specifically donate:
My entire body
or The following body organs or parts:
lungs liver pancreas heart
kidneysbrain
skin bones/marrow
blood/fluids tissue
arteries eyes/cornea/lens

#### **IV. General Provisions**

- a. I understand that I must be eighteen (18) years of age or older to execute this form.
- b. I understand that my witnesses must be eighteen (18) years of age or older and shall not be related to me and shall not inherit from me.
- c. I understand that if I have been diagnosed as pregnant and that diagnosis is known to my attending physician, I will be provided with life-sustaining treatment and artificially administered hydration and nutrition unless I have, in my own words, specifically authorized that during a course of pregnancy, life-sustaining treatment and/or artificially administered hydration and/or nutrition shall be withheld or withdrawn.
- d. In the absence of my ability to give directions regarding the use of life-sustaining procedures, it is my intention that this advance directive shall be honored by my family and physicians as the final expression of my legal right to choose or refuse medical or surgical treatment including, but not limited to, the administration of life-sustaining procedures, and I accept the consequences of such choice or refusal.
- e. This advance directive shall be in effect until it is revoked.
- f. I understand that I may revoke this advance directive at any time.
- g. I understand and agree that if I have any prior directives, and if I sign this advance directive, my prior directives are revoked.
- h. I understand the full importance of this advance directive and I am emotionally and mentally competent to make this advance directive.
- i. I understand that my physician(s) shall make all decisions based upon his or her best judgment applying with ordinary care and diligence the knowledge and skill that is possessed and used by members of the physician's profession in good standing engaged in the same field of practice at that time, measured by national standards.

Signed this day of	, 20	
	EXAMPLE	
	Signature	
	City of	

	County, Oklahoma	
	Date of birth	
	(Optional for identification purpo	ses)
This advance direc	ctive was signed in my presence.	
	Witness	
	Residence	, Oklahoma
	Witness	
	Residence	, Oklahoma



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Additional Pages:

In Process